



Tuesday 16<sup>th</sup>  
April



Monthly Newsletter. Vol. 16

Egg Hunt this Thursday!

Please feel free to join us at 4pm for an Egg Hunt! The children will be searching for paper eggs that they have decorated for themselves, and with parent's permission, exchanging them for a chocolate treat in the kitchen.

If your child does not normally attend on a Thursday, you are welcome to bring them in, but please stay with them.

There will be some fresh fruit and hot cross buns available for the children and any families.

## Administrative News...

Please avoid bringing any toys from home. The toys often become lost as children try to hide them.

It also causes a lot of tension between children in the mornings, cutting into the time educators have to deliver the program and focus on the group as a whole.

## Important Dates

Good Friday –  
Centre Closed

19<sup>th</sup>  
Apr

Easter Monday –  
Centre Closed

22<sup>nd</sup>  
Apr

ANZAC Day –  
Centre Closed

25<sup>th</sup>  
Apr

## From the Directors

### Protect yourselves...

We have been sent this email from the department regarding the recent cases of measles in NSW. Please ensure your children are protected in every way possible!

Recently, there have been numerous NSW Health infectious diseases alerts regarding measles across NSW.

Measles is a serious, highly contagious, viral illness that is easily spread through the air when an infectious person coughs, sneezes or breathes. The virus can stay in the air for short periods of time (around 15 minutes), so simply being in the same room as someone with measles can result in infection even after the infected person has left.

NSW Health has advised that families with babies under 12 months who may be travelling this Easter and during the school holidays, should speak to their GP to make sure they are protected from measles.

To find out more about measles, visit the NSW Health website: <https://www.health.nsw.gov.au/infectious/measles/Pages/key-facts.aspx>

# Community...



You may have noticed our 'local heroes' space in the foyer.

Enshrined in the National Quality Standards and the Early Years learning Framework is a commitment to connecting, collaborating, and celebrating with the local community.

*The service builds relationships and engages with its community. - NQS*

*Children develop a sense of belonging to groups and communities and an understanding of the reciprocal rights and responsibilities necessary for active community participation - EYLF*

*Children are influenced by the unique time and social context in which they live – My Story*

We would like members of this immediate community to visit our Centre, make their mark on our wall and perhaps have a casual chat with the children about their work and values.

Our local hero might be someone like a:

- Volunteer at a local op shop
- Youth worker
- Long-term volunteer at a local school
- Etc.

Do you know someone who might fit the bill? Please feel free to email us suggestions with the subject line 'heroes wall nominee'.

Thank you

Anna, Chloe and the team.

## Car Safety...

Please remember: never leave your child unattended in a car. If you are ever in a situation where you are unable to bring a younger sibling with you into the Centre (e.g. they are contagious, unwell etc.), please call and we can try to assist you to drop off or pick up your older child.

### Precious cargo

Children in cars should always be safely buckled-up in child car seats that are correct for each child's age and size. We recommend that all child car seats are properly fitted and checked by an Authorised Restraint Fitter.

### Don't leave children in cars

Children should never be left alone in a car, even for short periods. They are in danger of:

- Heat stress and dehydration – parked cars can heat up quickly, even with windows wound down slightly
- Burns from hot seatbelt buckles and vinyl fittings
- Playing with car controls – such as hand brakes, gear levers, cigarette lighters, power windows and the ignition
- Car thieves
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It is illegal to leave a child unattended in a car where they might be in distress or their health is in danger. Sometimes children won't want to buckle up. They may not understand the safety reasons, or they may be restless or just want to do it their way. In these situations, it is important to have family rules about safe driving, to discuss them with the children and then stick to them – every time you are in the car.

### Messages for children

"When everyone is buckled up, we can go." "If anyone isn't properly buckled up, we stop." "Whether you are awake or asleep, you stay buckled up until we get there." "I will help you unbuckle your seat belt." "I will help you out through the Safety Door of the car."

### When buckling children in or driving them around, talk to them about:

- Child car seats and how seat belts keep us safe
- Why children can never stay in the car alone
- The Safety Door (rear door closest to the kerb, footpath or gutter and away from the road) and why it is the safest door to get in and out of the car.

Please find more information here...

<https://roadsafety.transport.nsw.gov.au/stayingsafe/children/passengersafety.html>

<https://www.childcarseats.com.au/>

<https://roadsafety.transport.nsw.gov.au/cgi-bin/index.cgi?action=authrestraintfitting.form>

## A & Ahhhhh!

A MASSIVE thanks to all our educators for supporting each other through the Assessment and Rating process. We are so proud of the effort you put in every day to make My Story such a high quality, respected space for the provision of early learning and care. We all enjoyed a well-earned drink and a laugh at the Vicar at the end of the week! Narges and Natasha seemed to have avoided the camera!

